



FRIENDS



NEIGHBOURS

EST. 1981

OPEN HOURS
MONDAY-SATURDAY
8AM - 9PM
SUNDAY AND HOLIDAY
9 AM - 5 PM

10834 - 82 AVENUE SW, EDMONTON, ALBERTA T6L 2B3

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fnphodelight.com

BREAKFAST SPECIAL

MONDAY TO FRIDAY - 8AM TO 10:30AM

2 EGGS (ANY STYLE), TOAST, AND HASH BROWNS	\$9.95
WITH MEAT:	\$11.95
Choice of bacon, sausage, or ham.	
EGGS BENEDICT	12.95
Choice of following; back bacon, bacon, ham, or sausage	
THREE-IN-ONE.....	13.95
A Pancake or a French Toast w/ 2 Eggs & 2 Bacon or 2 Sausage	

BREAKFAST

The dishes below are served with toast and hash browns **OR** a pancake.

Toast choices: brown, white, multi-grain, rye **OR** a small fruit cup

2 EGGS AND TOAST.....	8.95
W/ HASH BROWN.....	11.95
GOLD BREAKFAST.....	13.95
2 eggs (any style) your choice of 3 bacon, 3 sausage or a thick ham	
BISON SAUSAGE AND 2 EGGS	15.95
TURKEY SAUSAGE AND 2 EGGS	15.95
HOUSE BREAKFAST.....	15.95
Eggs (any style), avocado, spinach, dried cranberries and tomatoes. Served with lemon dressing	
BREAKFAST CROISSANT OR BUN	11.95
W/ HASH BROWNS OR A PANCAKE	14.95
Fried egg, melted cheddar, tomatoes, lettuce. Served on a lightly toasted butter croissant. Choice of bacon, soya bacon, sausage, or ham. (No toast included)	
BREAKFAST BAGEL.....	15.95
Fresh scrambled egg, melted cheddar, two slices of back bacon on a toasted bagel.	
SALMON AND EGGS.....	19.95
Smoked salmon, two eggs, and side salad (spinach, avocado, cranberry, roasted	
STEAK AND EGGS.....	22.95
6oz tenderloin steak and eggs prepared as you like them.	

BEST EGGS BENEDICT

*All Benedict items are served with 2 poached eggs, English muffin,
White wine Hollandaise sauce and Hash Browns*

EGGS BENEDICT	13.95
Choice of following; back bacon, bacon, ham or sausage	
EGGS BENNY COMBO MEAT	19.95
2 slices back bacon, 2 slices bacon, 2 links sausage & ham	
BC BENEDICT.	15.95
Cheddar and 2 strips of bacon	
WHYTE AVENUE BENEDICT.....	17.95
Avocado, bacon, and tomatoes	
WEST COAST BENEDICT	17.95
Smoked salmon and avocado	
COWBOY BENEDICT	17.95
Back bacon, jalapeño, tomatoes, and avocado	
FRIENDS & NEIGHBOURS EGG BENEDICT.....	20.95
Grilled tomatoes, fresh avocado, steamed spinach & smoke salmon on a lightly toasted croissant	
MELBOURNE.....	16.95
Fresh avocado, tomatoes and steamed spinach	
VEGGIE DELIGHT	15.95
Grilled tomatoes, steamed spinach and mushroom	
HAWAIIAN BENEDICT	16.95
Grilled pineapple ring and ham	

OMELETS

Our omelets are prepared with three large local farm eggs, hash browns and toast

Choice of toast: brown, white, multi-grain or rye **OR** fruit cup

BACON AND CHEESE OMELET	13.95
HAM AND CHEESE OMELET	13.95
SUN-DRIED TOMATO, SPINACH AND SWISS CHEESE OMELET	14.95
MUSHROOM AND CHEESE OMELET	13.95
BROCCOLI AND CHEESE OMELET	13.95
VEGETARIAN OMELET	13.95
Mushroom, celery, green pepper, tomatoes, onion and cheddar cheese	
FARMER'S OMELET	14.95
Potato, onion and cheddar cheese, choice of following: bacon, ham, or sausage	
WHYTE AVENUE VEGGIE OMELET	13.95
Fresh spinach, red peppers, tomatoes, and feta cheese	
MEXICAN OMELET	14.95
Sausage, red pepper, green pepper, onion, jalapeños & cheddar. Served with salsa and sour cream on the side.	
WEST COAST OMELET	14.95
Smoked salmon, baby spinach and Swiss cheese	

ADD OR SUBSTITUTE FOR AN ADDITION!

- * EGG WHITES \$ 2.00
- * MEAT \$2.00
- * VEGGIE \$2.00

BREAKFAST BOWL AND SKILLET

Toast choices: brown, white, multi-grain, rye, **OR** a small fruit cup

CHORIZO BREAKIE BOWL	17.95
Three scrambled eggs, chorizo sausage, chunky potatoes, tomatoes, green & red pepper and onion. Topped with hollandaise sauce and jalapeños.	
BLACKSTONE BREAKIE BOWL	17.95
Three scrambled eggs, crisp bacon, tomatoes, chunky potatoes, red & green pepper and onion. Topped with hollandaise sauce, olive and green onion.	
UNFORGETTABLE BOWL	18.95
Three scrambled eggs, crispy chicken strips, avocado, chunky potato, tomato, bell pepper and onion. Topped with hollandaise sauce and jalapeños	
HAWAII BOWL	18.95
Chopped smoky ham, three scramble eggs, chunky potato, pineapple, red and green pepper, and onion. Topped with hollandaise sauce.	
WILD SKILLET	21.95
A link of Bavarian sausage, a link turkey sausage, a link of Chorizo sausage, hash-brown, grilled tomato and two scrambled eggs	

PANCAKE & FRENCH TOAST

All pancakes & French toast items are served with butter and syrup (whip cream optional)

BUTTERMILK PANCAKES.....	11.25
3 of our famous feather-light pancakes	
With 2 fresh eggs	13.95
With ham or bacon or sausage.....	13.95
With 2 fresh eggs & choice of following: bacon, ham, or sausage	17.95
PANCAKES WITH FRUIT SAUCE.....	13.95
Strawberry- apple - blueberry - fresh fruit cup (assorted)	
FRENCH TOAST.....	12.25
Two slices of French bread dipped in eggs	
With 2 fresh eggs	14.95
With ham or bacon or sausage.....	14.95
With 2 fresh eggs & choice of following: bacon, ham, or sausage	18.95
FRENCH TOAST WITH FRUIT SAUCE.....	14.95
Strawberry- apple - blueberry - fresh fruit cup (assorted)	

SIGNATURE BREAKFAST

THREE-IN-ONE.....	14.95
1 Pancake or 1 French Toast w/ 2 Eggs & 2 Bacon or 2 Sausage	
COUNTRY HARVEST.....	15.95
2 eggs (any style) bison or Italian sausage and a French toast or a pancake, served with hash browns	
EGG QUESADILLA WRAP	14.95
Two scrambled eggs and choice of following: ham, bacon, sausage, or tofu with green & red pepper, chives and cheddar wrapped in a tortilla. Served with hash browns	
FRENCH CONCOCTION.....	17.95
Grilled ham, grilled tomato, 2 sunny side-up eggs on French bread, melted cheddar cheese topped with onion. Served with hash browns	
EXTREME BAGEL.....	18.95
Baby spinach, avocado, onion, smoked salmon, cream cheese on a toasted bagel. Served with hash browns	

BURGERS

We grind our own 100% Canadian beef

All our hamburgers are 6oz of fresh ground beef served with lettuce, tomato, onion, relish, pickle and house dressing on a toast Kaiser bun. Add choice of side for extra \$3.25

DELUXE BURGER.....	10.95
» CHEESE BURGER (MOZZA OR CHEDDAR).....	12.95
» BACON & CHEDDAR BURGER.....	14.95
» BACON & MOZZA BURGER.....	14.95
» MUSHROOM BURGER.....	13.95
» MOZZA & MUSHROOM BURGER.....	14.95

All premium burgers come with the choice of side:

CRISPY CHICKEN BURGER.....	17.95
Breaded chicken strips cooked it crispy outside, but stays moist and tender inside. Served with mayo and a side of your choice.	

THE ONE AND ONLY KING BURGER.....	18.95
Crisp bacon, fried egg, melted cheddar cheese served with a side of your choice.	

HONEY MUSTARD CHICKEN BURGER.....	18.95
Charbroiled chicken breast topped with melt cheddar, mayo and honey mustard. Served with a side of your choice	

JALAPEÑOS BURGER.....	18.95
6oz homemade patty charbroiled topped with melted mozza cheese, our peanut sauce and jalapeños served with a side of your choice	

FN BURGER.....	20.95
Double patty, crisp bacon, fried egg, melted cheddar cheese served with a side of your choice	

CHOICE OF SIDE

- HASH BROWNS
- FRENCH FRIES
- GARDEN SALAD
- ONION RINGS + \$2.00
- KALE SALAD + \$2.00
- CAESAR SALAD + \$2.00
- FRUIT CUP + \$2.00



SANDWICHES

Comes with a side of your choice

TOAST BLT	12.95
CLUB HOUSE (TRIPLE DECKER)	17.95
Roasted turkey, lettuce, bacon, tomato on toasted bread	
REUBEN	17.95
Swiss cheese, sauerkraut and Montreal smoked corn beef w/ Dijon hot mustard on rye bread	
MONTE CRISTO	18.95
Turkey, cheddar, ham and Swiss cheese on white bread dipped in egg and milk mixture and grilled to golden brown	
STEAK SANDWICH	23.95
8oz AAA steak tenderloin in your style. Served on garlic toast and veggie	
HOT TURKEY	17.95
SAVOURY DINNER SANDWICH	21.95
Chicken breast, Swiss cheese, bacon, avocado, spinach, tomato, pickle and mayo on rye toast	
CHICKEN SALAD SANDWICH	17.95
Chopped chicken breast, apple, almond, lettuce, tomato, cucumber, mayo on 7-grain toast	
WHYTE AVENUE SANDWICH	19.95
Grilled chicken, melted cheddar cheese, topped with chopped tomatoes and onions lay on a French bread.	

CHOICE OF SIDE

- * HASH BROWNS
- * FRENCH FRIES
- * ONION RINGS + \$2.00
- * GARDEN SALAD
- * KALE SALAD + \$2.00
- * CAESAR SALAD + \$2.00
- * FRUIT CUP + \$2.00



☺ Please announce us for any food allergy. Changes can be made accordingly ☺

ENTRÉES

All Entrées comes with vegetables, garlic toast and a side of your choice.

Side choices: mashed potato, baked potato, French fries, or rice

FISH & CHIP	17.95
Homemade style! Basa fish. Served with lemon & tartar sauce. (no garlic toast included)	
SALISBURY STEAK	18.95
8oz juicy beef patty, sautéed onion, topped w/ gravy.	
CHICKEN FLORENTINE.....	20.95
Charbroiled chicken breast with sautéed spinach and mushroom Smothered in a delicious creamy wine sauce	
VEAL CUTLET.....	23.95
Grilled lightly breaded fresh veal topped with sautéed fresh mushroom and gravy.	
MONTREAL SPICY STEAK.....	23.95
8oz beef steak charbroiled in your own style, finished w/ Montreal iconic steak seasoning.	
PEPPERCORN STEAK.....	23.95
8oz beef steak charbroiled in your own style, finished w/ flavourful creamy peppercorn steak	
PAN FRIED SOLE.....	19.95
Grilled lightly breaded fresh fillet sole, finished with creamy wine sauce	
LEMON HERB BASA	19.95
Pan-fried fillet basa, finished with creamy wine sauce	
GRILLED CHICKEN DINNER	20.95
Lighted chicken breast, spinach, mushroom, Swiss cheese	
DINNER STEAK	23.95
8oz AAA tenderloin beef steak cook as you like them	

SALAD

Add chicken breast for additional \$5.00

CAESAR SALAD	SMALL 7.95	LARGE 10.95
LARGE GARDEN SALAD	SMALL 5.25	LARGE 8.95
Your choice of dressing: Thai, Italian, Thousand Island, Lemon miso or Ranch		
THAI SALAD	13.95	
Spinach, bean sprout, red cabbage, house spicy dressing topped w/ sesame seeds		
MANGO SALAD	13.95	
Shredded mango, lettuce and carrot topped with almond and peanut.		
Served with our spicy Thai dressing		
KALE SALAD	13.95	
Fresh kale, carrot and purple cabbage, topped with almond and Feta cheese.		
Served with our vegan dressing		
APPLE AND AVOCADO SALAD	13.95	

MINI SANDWICHES

Add a choice of sides \$3.25

GRILLED CHEESE	5.95
EGG SALAD	5.25
BACON & EGG	7.95
GRILLED HAM & CHEESE	7.95
VIETNAMESE SUB	9.50
Served on French baguette. Choice of BBQ pork, chicken, or beef	

CHOICE OF SIDE

- * HASH BROWNS
- * FRENCH FRIES
- * ONION RINGS + \$2.00
- * GARDEN SALAD
- * KALE SALAD + \$2.00
- * CAESAR SALAD + \$2.00
- * FRUIT CUP + \$2.00

SIDE ORDER

POUTINE	8.95
CHICKEN FINGERS	12.95
TOAST & JAM	2.95
BAGEL CREAM CHEESE	3.95
GARLIC TOAST (2 slices)	3.95
SINGLE PANCAKE	4.5
SINGLE FRENCH TOAST	6.95
FRESH FRUIT CUP	(SMALL) 5.25 (LARGE) 7.95
FRENCH FIRES	5.95