



VEGGIE
&
VEGAN



VEGGIE APPETIZERS

GREEN ONION CAKE ... 4.25

KIM CHI... 4.25

FRESH FRUIT CUP ... (SMALL) 5.25 (LARGE) 7.95

SPICY VEGETABLE SOUP ... 6.95

Tofu and assorted veggie in a spicy vegetable broth

CREAM COCONUT SPICY SOUP ... 7.95

Tofu and assorted veggie in a creamy spicy vegetable broth

VEGAN DUMPLING ... 8.95

VEGGIE SPRING ROLLS ... \$8.95 (4 rolls) \$4.95 (2 rolls)

You're gonna love it! Homemade recipe with mixed veggie and served with sweet sour chili sauce

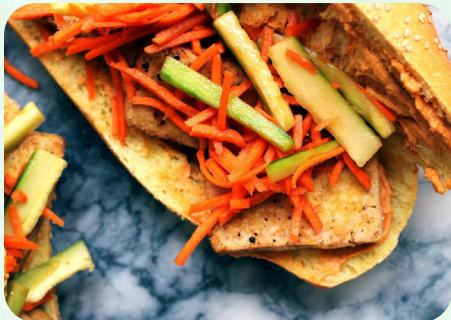
FRESH SALAD ROLLS ... 11.95

Bean sprout, lettuce, carrot, spinach, and vermicelli are wrapped in rice paper served with peanut-sauce. Choice of soya bean bacon or avocado, or even with both for extra \$2.00

VIETNAMESE SUB WITH SOYA BACON ... 9.50

DIEU SUB ... 13.95

Homemade sausage, soya bacon, pate(nuts included) pickled ginger, cucumber, lettuce, onion, cilantro



VEGGIE SALAD

APPLE AND AVOCADO SALAD... 13.95

Chopped apple and avocado on a bed of spinach. Topped with roasted almonds, olive, onion and sea salt. Served with lemon dressing

MANGO SALAD ... 13.95

Shredded mango, lettuce and carrot topped with almond. Served with our spicy Thai dressing

KALE SALAD...13.95

Fresh kale, carrot and purple cabbage, topped with almonds and dry coconut. Served with our miso lemon dressing or cashew nut dressing.

THAI SALAD... 13.95

Spinach, bean sprout and purple cabbage and carrot with our homemade spicy dressing and topped up with sesame seeds



With Soya Bacon ...+\$4.50

Make it a meal. Add garlic toast for extra \$1.25

ALL DAY VEGAN BREAKFAST

*All the breakfast dishes come with toast and hash browns.
We only use veggie margin on toast.
Substitute toast for fruit cup if you are gluten-free*

CLASSICAL BREAKFAST ... 16.95

Scrambled tofu served with soya bacon, mixed salad. Topped with nuts and lemon dressing.

THE BOSS ... 18.95

Homemade banana leaves sausage, grilled lemongrass tofu, and garden salad served with lemon dressing and cranberry sauce.

FARMER'S BREAKFAST SKILLET ... 18.95

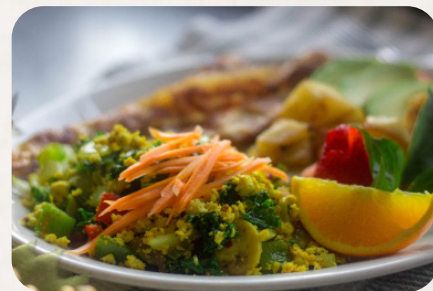
An amalgamation tofu scramble, kale, tomato, onion, bell pepper, mushroom and zucchini with a touch of curry. Served with crispy marinated tofu, soya bacon, and avocado.

GOLDEN VEGAN BENNY ... 18.95 (WEEKEND ONLY)

Vegan eggs, soya bacon, spinach, tomatoes and homemade coco hollandaise sauce. Served on English muffin (no toast included)

COCO BAHAMAS BOWL ... 18.95 (WEEKEND ONLY)

Tofu Scramble bowl with bell pepper, onion, tomato, spinach, homemade herb sausages and hash browns. Topped with coconut caramel sugar and coco hollandaise sauce (no toast included)



Farmer's Breakfast Skillet



Golden Vegan Benny



Coco Bahamas Bowl

VEGGIE BURGERS

Our burger are 6oz patties served with lettuce, tomato, pickle, and onion on toasted bun and your choice of side

GOLDEN BURGER...18.95

The burger comes with a soya patty and homemade mango sauce. The patty is made from soya bean, sunflower seed, brown rice, sweet rice and spices. Served on Ciabatta bun.

MOTHER EARTH... 18.95

The patty is made from cranberry, coconut, brussels sprout, sugar bean, oat, almond, a bit of whole wheat flour and our spices; topped with fried pineapple ring and veggie sauce. Served on Artisan bun.

THE THRILL (SPICY)... 18.95

The burger will thrill you up with the explosion of flavor. The patty is made from chickpea, assorted beans, sweet rice, coconut, walnut, chili, curry and our spices. Served on Artisan bun with veggie sauce.

VEGGIE SANDWICHES

All Sandwiches come with your choice of side

VEGGIE SANDWICH... 18.95

Soya bacon, crispy spinach, tomatoes and avocado on toasted bagel.

VEGGIE CLUB HOUSE ... 18.95

(Triple decker) Firm tofu, soya bacon, lettuce, tomatoes, and veggie dressing on toast.

COWBOY SANDWICH... 18.95

Pulled jackfruit, spinach, cucumber, carrot, lettuce, and tomato served on Ciabatta bun.

DIEU CIABATTA ... 18.95

Homemade peanut vegan pate, soya bacon, pickle carrot, cucumber, corinader, green onions, and special dressing. Served on 7-grain Ciabatta.

BURRITOS ... 18.95

Served with tortillas, rice, jackfruit pulled pork, romaine, peanut, tomato, pickel carrot, cucumber, bean sprout.

Choice of side

Hash browns

French fries

Onion rings +\$2

Garden salad

Kale salad +\$2

Fruit cup +\$2

Our dishes are freshly made. Long hour may occur during peak hour and weekend

GENUINE VEGGIE HOT NOODLE SOUP

Best vegan noodle soup, in town. All the broths are stewed more than 8 hours to give you the best taste. You can't believe that the broths are made of only veggie when you taste it.

*** No powder. No artificial ingredients or bases ***

All the noodle soup is cooked with assorted vegetables and fried tofu on a bed of noodle. The soup is topped with white onions, green onions and cilantro. It is served with bean sprout, fresh basil, hoisin sauce, satay sauce and a wedge of lemon / lime to make it a tad more nutritious.

VEGGIE PHO ... 15.95

Resembles to the authentic Pho with a clear, vegan-friendly broth. It is hearty and flavorful!

BUDDHA PHO (SPICY)... 16.95

The soup is hot and sour. It is bold and perky with a pop of spicy heat.

SATAY NOODLE SOUP (SPICY) ... 16.95

The soup is savory, a little bit spicy and sweet, and full of peanut! Slices of fried tofu on the bed of noodle, chopped lettuce, cucumber, and bean sprout in satay broth.

OLD TIME VEGAN NOODLE SOUP (SPICY) ... 16.95

A creamier version of Buddha Pho with a splash of coconut milk to the soup at the end.



CURRY TOFU NOODLE SOUP ... 16.95

The soup is creamy, rich in flavor, and has a curry spiced golden broth.

Our suggestion

order a side Naan for extra \$3.00 - Good pair with Curry Noodle Soup or Satay Noodle Soup

VEGGIE SIZZLING DISHES

All sizzling dishes come with your choice of rice or noodle. Some dishes may contain dairy. Please let the server know in advance if you would like non-dairy dishes.



SIZZLING MANGO, APPLE AND TOFU IN CREAMY SPICY SAUCE 23.95



SIZZLING THAI RED TOFU AND MIXED VEGGIE (SPICY) ... 23.95



SIZZLING YELLOW CURRY TOFU WITH MIXED VEGGIE (MILD) ... 23.95

SIZZLING TOFU AND MIXED VEGGIE IN BLACK BEAN SAUCE...23.95



Food may contain traces of nuts. Please inform our server for any allergies. Changes can be made accordingly

VEGGIE CHOW MEIN AND STIR FRIED ON RICE

VEGGIE SINGAPORE NOODLE... 18.95

Vermicelli noodle, bean sprout, carrot, cabbage, onion and crispy tofu with a touch of curry.

VEGGIE PAD THAI (SPICY)...18.95

Thick rice noodle, bean sprout, carrot, cabbage, onion and crispy tofu with homemade spicy Thai sauce. Topped with crusted peanut.

VEGGIE KUNG PAO NOODLE ..18.95

Thin egg noodle, bean sprout, carrot, cabbage, onion and crispy tofu.

VEGGIE ORIENTAL STIR FRIED ...18.95

Shanghai noodle, bean sprout, carrot, cabbage, onion and crispy tofu with a touch of soya sauce.
Traditional as you love it.

VEGGIE VIETNAMESE CHOW FUN ...18.95

Thick rice noodle, bean sprout, carrot, cabbage, onion and crispy tofu with coconut sauce.
Served with vegan sauce.

VEGGIE EXTREME CRISPY CHOW MIEN...21.95

Traditional cooked Vietnamese style with tofu and veggie layer up on crispy noodle.

CURRY TOFU AND VEGGIE...18.95

Served with your choice of Naan, Rice or Noodle.

VEGGIE FRIED RICE... 16.95

CASHEW NUTS STIR FRIED WITH TOFU ON RICE...18.95

VEGGIE VERMICELLI BOWL

*All the bowls are sprinkled with roasted peanut, pickled carrot and green onion.
Served with house vegan sauce or peanut sauce.*

VEGAN BOWL... 15.95

Slices of firm tofu, mushroom, carrot, onion, lemongrass, all pan-fried to perfection on a bed of lettuce, bean sprout, cucumber, and vermicelli.

VEGGIE SPRING ROLL BOWL...15.95

Four of our crispy veggie spring rolls, bean sprout, lettuce, and cucumber, and vermicelli

G&R VEGAN LEMONGRASS SPICY BOWL...17.95

Green and red bell peppers, onion, mushrooms and fried tofu stir fried with spicy lemongrass.
Served on a bed of lettuce, bean sprout, cucumber and vermicelli.

Our suggestion

Add a side of soya bacon for extra \$4.50. Good pair with Vermicelli Bowl



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